



ATHENS

FITNESS SCHEDULE

MONDAY



B-FIT AT 9:30 AM WITH SEYWARD



YOGA AT 5:00 PM WITH EMILY



BULLETPROOF AT 6:00 PM WITH STEVE

TUESDAY



B-FIT AT 9:30 AM WITH SEYWARD



TRANSFORM AT 6:00 PM WITH MARISSA



CYCLE AT 6:00 PM WITH GINA



YOGA AT 7:00 PM WITH MEGAN

WEDNESDAY



BULLETPROOF AT 9:30 AM WITH GANELLE



COREBURN AT 6:00 PM WITH ERINN



YOGA AT 7:00 PM WITH CHER

THURSDAY



KICKBOXING AT 9:30 AM WITH BROOKE



YOGA AT 10:30 AM WITH CHER



BULLETPROOF AT 6:00 PM WITH STEVE

FRIDAY



BULLETPROOF AT 9:30 AM WITH GANELLE

SATURDAY



YOGA AT 9:00 AM WITH MEGAN



CYCLE AT 10:00 AM WITH GANELLE



BULLETPROOF AT 10:00 AM WITH STEVE