



**ATHENS**

**GROUP**

**FITNESS**

**FALL SCHEDULE**

**MONDAY**

9:30am B-Fit w/Seyward

5:00pm Yoga w/ Emily

6:00pm Bulletproof w/ Steve

**TUESDAY**

9:30am Bulletproof w/Seyward

6:00pm Transform w/ Marissa

6:00pm Cycle w/ Gina

7:00pm Yoga w/ Megan

**WEDNESDAY**

9:30am Bulletproof w/ Ganelle

6:00pm Core Burn w/ Erinn

7:00pm Yoga w/ Emily

**THURSDAY**

9:30am Kickboxing w/ Brooke

10:30am Yoga w/ Ganelle

6:00pm Bulletproof w/ Steve

**FRIDAY**

9:30am Bulletproof w/ Ganelle

**SATURDAY**

9:00am Yoga w/ Megan

10:00am Bulletproof w/Steve

10:00am Cycle w/ Ganelle

**CHILDCARE HOURS**

Mon-Fri: 8:30am-12:00pm

Mon-Thur: 4:00pm-8:00pm

Sat: 8:00am-12:00pm